Best Practice 2

Student Support & Mentoring System (SMS)

Oriental College of Education & Research has firmly implemented Student Support and Mentoring System (SMS) which is a highly beneficial development activity. The goal of SMS is to strengthen the relationship between mentor and mentee, with the mentee's development as the primary focus. A mentor will serve as a guide as well as an advisor/counsellor. Students are encouraged to explore, succeed, and connect in anything they want to do through mentoring.

Objectives:

- To keep track of the students' academic dynamics, as well as to develop the teacher student relationship.
- To support students in their academic and personal development to attain the aspiration.
- To minimize dropouts, improve performance and reduce stress of the students through personal counselling.
- To support the mentee to overcome his/her problems so that he/she can move ahead with courage in his/her personal and academic life.
- To inspire a healthy relationship between the teacher and student.
- To identify the career paths of the students and guide them in placement perceptive.

The Context

Students undergo various problems of stress- personal, academic, physical, mental. Students are new to professional college life. It creates a lot of stress, especially to married students who start their education after a long break. Students come to pursue B.Ed degree from a diverse community. Students from educationally weak background feel complex and hesitations in class and unable to perform well due to inhibitions. Statistics reveal increasing

number of suicides and dropouts. Considering the student-teacher ratio in classrooms, it is difficult at times to give personal attention to students in class. One solution therefore is a 'Mentor' who can form the bond with students in the true sense. Mentoring is required for students to achieve emotional stability and to promote clarity in thinking and decision making for overall progress. Students belonging to such diversity necessitates a concrete process for their holistic development. Therefore, the college has opted mentoring as the solution to overcome the problem face by students at the same time it has been opted as one of the best practices of the college. Moreover, it is aimed to align with the mission and vision statement of the college aiming to provide scope for holistic development of the students and to promote the concept of collective unity for social and national interest.

The Practice

Oriental College of Education & Research's mentorship programme (SMS) assists students in both academic and non-academic concerns in order to help them achieve their full potential in life. It also seeks to correct flaws in their learning attitudes and knowledge. The mentor's priority is to prepare the mentees not only for college life, but also for the journey of life.

Implementing a mentor-mentee system in colleges can offer numerous benefits, including academic support, personal guidance, and professional development. In our College, Mentor-Mentee meetings are convened four times a year. The minutes of the meetings are duly recorded. Mentors maintain the bio-data of all mentees including their personal information, attendance, marks and achievements. The mentor guides students in the following areas:

1. **Academic Support**: Assisting students with course selection, study strategies, and academic goal-setting to help them excel in their studies.

2. **Career Guidance**: Providing insights into career paths, internship opportunities, and job search strategies to help students make informed decisions about their future careers.

3. **Personal Development**: Offering guidance on personal development areas such as time management, communication skills, and resilience to help students thrive both academically and personally.

4. **Emotional Support**: Being a supportive listener and offering encouragement during times of stress, uncertainty, or personal challenges.

5. **Role Modelling**: Serving as a positive role model by demonstrating professionalism, integrity, and a commitment to lifelong learning.

6. **Learning Improvement**: It also encourages feedback and constructive criticism, facilitating continuous learning and improvement.

MENTOR-MENTEE MEETING

Mumbai, Maharashtra, India
Zorastrian Compound, Adarsh Nagar,, New Link Rd, Adarsh
Nagar, Jogeshwari West, Mumbai, Maharashtra 400102, India
Lat 19.143266°
Long 72.832531°
21/04/23 12:51 PM GMT +05:30

GPS Map Camera

Sample Bio-Data Maintained by Mentors

Oriental Education Society's
Oriental College of Education & Research, Andheri (W)
Affiliated to University of Mumbai

Sample Bio- Data Maintained by Mentors
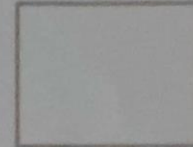
Name   :

Roll No. / Register Number   :

Date of Birth   :

Blood Group   :

Religion   :

Community   :

Sub-caste   :

Father's name   :

Mother's name   :

Father's occupation   :

Mother's occupation   :

Annual Income   :

Scholarship holder (Yes/No):
If yes specify
Hostelite (Yes/ No)   :

Details of UG   :
(Course& College last Studied)
Percentage in UG   :

Phone No.   :

E-mail Id   :

Address   :

Evidence of Success:

➢ The tutor identifies the personal profile of their mentee.

➢ The progress in academic as well as involvement in sports, quiz and other talents of each student is identified and encouraged.

➢ Requirements related to the improvement of the academic is provided to the students to shape their career.

➢ Drop-outs due to medical issues are minimized and enough counselling is given to complete their higher education successfully.

➢ Economically weaker students are supported by proper guidance about various sources available to get the scholarship, financial aid etc. This practice has reduced the drop-outs to some extent.

➢ Slow Learners are identified and encouraged to attend remedial sessions. This helps to improve the pass-percentage of the institution.

➢ Advanced learners are identified and motivated to appear for competitive examinations and SET/ NET examinations thereby providing them career guidance and support.

Problems encountered to implement to practice:

Not every student who enrols is completely dedicated to reach their goals. Frequent follow ups become difficult. Hesitation in the students and parents in discussing personal matters with teachers.

Summary:

Evaluating the mentoring program helps the students to improve their mental and academic well-being. Overall, mentoring in colleges plays a vital role in empowering students to achieve their academic and personal goals, develop essential skills, and successfully transition into the workforce.