

OCER ECHO



January – March, 2025



From Principal's Desk Vision

To contribute for sustainable development of nation through
—achieving excellence in—
Education and Research whole
facilitating transformation of
students into responsible
citizens and competent
professionals.

Highlights



Dr. Priyanka Pandey

ORIENTAL COLLEGE OF EDUCATION AND RESEARCH

THE EVENT HORIZON

Picnic

11th January, 2025.

Our college picnic to Water Kingdom was a splash hit! Students and faculty alike enjoyed a day of thrilling water slides, refreshing pools, and shared laughter. The outing provided a much-needed break from academics, fostering stronger bonds and creating unforgettable memories.

text



Fresher's Party

18th January, 2025.

Our college vibrated with excitement during the Freshers' Party, a vibrant welcome for our new students. The event featured lively music, energetic dance performances, and engaging icebreaker activities, fostering a sense of camaraderie. Seniors warmly welcomed the freshers, creating a relaxed and inclusive atmosphere.

Republic Day

26th January, 2025.

Our B.Ed college resonated with patriotic fervor as we celebrated Republic Day, honoring the adoption of our Constitution. The day commenced with the unfurling of the national flag, followed by a heartfelt rendition of the national anthem.



THE EVENT HORIZON

Annual Day 4th February, 2025

Our college's annual day showcased student talent through vibrant performances and celebrated achievements, creating a memorable evening of community and pride.



Visit to Nehru Science Centre 19th February, 2025.

Our college's visit to Nehru Science Centre sparked curiosity and learning. Students explored interactive exhibits, fostering a deeper understanding of scientific principles, making it an engaging and educational outing.



Sports Day

21st - 22nd February, 2025.

Our college sports day buzzed with energy, showcasing athletic prowess and spirited competition. Students participated in diverse events, fostering teamwork and healthy rivalry, making it a day of vibrant celebration and achievement.



THE EVENT HORIZON

Marathi Gaurav Diwas

27th March, 2025.

Our college celebrated Marathi Gaurav Divas with cultural fervor, featuring traditional music, poetry, and speeches honoring the richness of the Marathi language and heritage. It was a day of pride and appreciation for our linguistic and cultural identity.



International Women's Day ***8th March, 2025.***

Our college celebrated Women's Day with inspiring speeches, empowering performances, and insightful discussions, honoring the achievements and resilience of women. It was a day of recognition and celebration of womanhood.



Coloursplash Holi ***15th March, 2025.***

Our college celebrated Holi with vibrant colors, joyous music, and spirited camaraderie. Students and faculty came together, creating a playful and festive atmosphere, marking a memorable celebration of the festival of colors.



WORKSHOP

Workshop on Research & Excel Mastery : Basics to Application *8th March, 2025.*



Workshop on Colors of *Emotions* *15th March, 2025.*



TALENT HUNT



ANNA'S REFLECTION

A hidden talent of our student Aliza Shaikh is her writing skills. This is a short story written by her. The story revolves around a girl named Anna who tried to win against her fears and carried a happy life after.

ALIZA SHAIKH.

1st year B.Ed



AUTUMN COLOURS

Another hidden talent by our student Anam Mangalorkar is her artistic skill in painting.

The painting depicts a serene lake on a crisp autumn day. The lake's glassy surface reflects the vibrant colours of golden yellows, burnt oranges, deep crimson reds and dusty green.

ANAM MANGALORKAR

1st year B.Ed

HEALTH TIPS

Mindful Breathing Breaks: Take 2-3 minutes every few hours to practice deep, conscious breathing. It calms the nervous system and improves focus

Tech-Free Wind-Down: An hour before bed, disconnect from screens. This allows your brain to naturally prepare for sleep, improving sleep quality.

Eat the Rainbow" of Produce: Aim for a variety of colorful fruits and vegetables daily. Each color provides unique vitamins and antioxidants.

Prioritize Social Connection: Make time for meaningful interactions with friends and family. Strong social bonds are crucial for mental and emotional well-being.

MENTOR

ASST. PROF. SANABANO SHAIKH.

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